

## Yamnuska Mountain Adventures COVID – 19 Guest Declaration of Health

For the health and safety of our guides and guests we require a declaration of health. Please accurately fill out this form which follows the question guidelines from Alberta Health.

I understand that novel coronavirus causes the disease known as COVID-19. I understand that the novel coronavirus has a long incubation period during which carriers of the virus may not show symptoms and still be contagious.

Do you have any of the following symptoms which are new and not allergy, chronic or pre-existing related issues?

**Please circle the answer.**

1	Fever greater than 38° Celsius, 98° Fahrenheit	Yes	No
2	Persistent or new cough	Yes	No
3	Sore throat	Yes	No
4	Shortness of breath	Yes	No
5	Difficulty breathing	Yes	No
6	Flu like symptoms	Yes	No
7	Runny nose	Yes	No

In the past 14 days at work, home or elsewhere

8	Have you travelled outside of Canada?	Yes	No
9	Did you have close contact* with someone who has a probable or confirmed case of COVID-19?	Yes	No
10	Have you been tested for COVID-19 and waiting for results?	Yes	No

\* Close contact includes providing care, living with, or otherwise having close prolonged contact (within 2 meters) while the person was ill with COVID-19

1. I verify the answers to the above questions are truthful and accurate.
2. I agree to physically distance of 2 m or wear a face covering during the program.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For additional program days:

I verify that there have been no changes to my health or the answers to the above questions.

Date: \_\_\_\_\_ Initial: \_\_\_\_\_

Date: \_\_\_\_\_ Initial: \_\_\_\_\_

Date: \_\_\_\_\_ Initial: \_\_\_\_\_

Date: \_\_\_\_\_ Initial: \_\_\_\_\_

Date: \_\_\_\_\_ Initial: \_\_\_\_\_

Program: \_\_\_\_\_ Guide Name: \_\_\_\_\_